

Breastfeeding: A Māori World View
Self-Directed Learning Activity

Te Āo Kohatu

Traditional Māori society was based on strong values that ensured successful breastfeeding and contributed to the survival of whānau, hapū and iwi. Identify two values and provide a brief description.

Te Ao Hurihuri

Colonisation impacted strongly on traditional Māori society and Maori women now have the lowest breastfeeding statistics in the country. Discuss two issues that impacted on traditional breastfeeding practices.

Te Ao Marama

What are two important considerations you should make when caring for Māori women that would contribute to successful initiation and maintenance of breastfeeding?

Cultural Support

Identify two people or services that you could consult for support or advice if you were faced with a cultural issue and briefly describe their role?

Treaty of Waitangi

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Maternity services must demonstrate a commitment to the principles of the Treaty of Waitangi. For each of the following principles state two ways that demonstrate the service's commitment to the Treaty?

Participation

1. _____

2. _____

Protection

1. _____

2. _____

Partnership

1. _____

2. _____

Critical Reflection

What changes could be made to current practice to address the unmet needs of whanau accessing maternity services?

My goals for ongoing cultural education
