



WHO / UNICEF

Baby Friendly Hospital Initiative

Part Eight

Resources for Aotearoa New Zealand

Baby Friendly Hospital Initiative - Resources

International Contacts:

World Health Organisation:

Distribution and Sales, CH-1211 Geneva 27, Switzerland. Email: publications@who.ch
WHO/UNICEF Web site: <http://www.unicef.org/programme/breastfeeding/baby.htm>

Nutrition for Health and Development (NHD)

<http://www.who.int/nut/publications.htm#inf>

UNICEF:

http://www.unicef.org/nutrition/index_breastfeeding.html

IBFAN Resource Centre :

<http://www.ibfan.org/english/resource/ibfo/issue2/BFHIFeeding.html>

The International Code Documentation Centre (ICDC).

For a full price list contact: ICDC, PO Box 19, 10700 Penang, Malaysia. Fax 60 4 6577 291.

International Lactation Consultants Association,

ILCA Office

1500 Sunday Drive, Suite 102
Raleigh, North Carolina, 27607, USA
Telephone (919) 861-5577
Fax (919) 787-4916
E-mail info@ilca.org

Publishes *The Journal of Human Lactation* quarterly. Web site: <http://www.ilca.org/>

La Leche League International,

LLLI, PO Box 4079, Schaumburg, IL 60168-4079, USA. Fax 1 847 519 0035
Web site: <http://www.lalecheleague.org> or for breastfeeding research information:
<http://www.lalecheleague.org/cbi/cbi.html>

Publishes *Breastfeeding Abstracts* quarterly (available from LLLNZ).

Australian Breastfeeding Association of Australia/Lactation Resource Centre,

(NMAA, LRC), PO Box 231, Nunawading VIC 3131, Australia.

Telephone 61 03 9885 0855

Fax 61 3 9894 3270.

Head Office:

1818-1822 Malvern Rd

East Malvern, Victoria 3145, Australia

Web site: <http://www.breastfeeding.asn.au/lrc/lrc.html>

Produces ***Breastfeeding Review*** three issues annually and has a subscription service to the LRC.

Lactation Resource Centre

Email: lrc@breastfeeding.asn.au

World Alliance for Breastfeeding Action,

(WABA), PO Box 1200, 10850 Penang, Malaysia. Fax 60 4 657 2655.

WABA Secretariat

PO Box 1200, 10850

Penang - Malaysia

Tel: (60-4) 6584816

Fax: (60-4) 6572655

E-mail: waba@streamyx.com

Co-ordinates World Breastfeeding Week; produces World Breastfeeding Week Action Folders, Activity Sheets and various other publications.

American Academy of Pediatrics.

Web site: <http://www.aap.org/>

LINKAGES Project

Academy for Educational Development, 1825 Connecticut Avenue, N.W., Washington, D.C. 20009, USA

<http://www.linkagesproject.org/>

New Zealand Contacts:

Ministry of Health,

PO Box 5013, Wellington.

www.moh.govt.nz/moh.nsf/indexmh/breastfeeding

New Zealand Breastfeeding Authority, (NZBA)

Unit 1, First Floor,

16 Sheffield Crescent.

P O Box 20-454, Bishopdale,

Christchurch.

Ph: 03 3572 072 Fax: 03 3572 074

Email: info@nzba.co.nz Website: www.babyfriendly.org.nz

Infant Feeding Association of New Zealand (IFANZ)

P.O. Box 35-252, Christchurch, 8640

Ph 03 354 9249, Fax 03 323 7179

<http://www.ifanz-ibfan.org.nz>

La Leche League New Zealand, (LLLNZ),

PO Box 50-780, Porirua 5240 PO Box 50-780, Porirua, 5240 Ph/fax 04 4710690. Email:

admin@lalecheleague.co.nz Website: www.lalecheleague.org.nz

Publishes *Aroha* two monthly, and *Breastfeeding Communique* annually.

New Zealand College of Midwives Inc, (NZCOM),

376 Manchester Street

PO Box 21-106, Edgware, Christchurch.

Ph 03 3772 732. Fax 03 377 5662.

Email: nzcom@nzcom.org.nz

Publishes *New Zealand College of Midwives Journal* twice yearly.

UNICEF New Zealand,

Level 2, James Smiths Corner, P.O. Box 11-369, Wellington

Ph 0800 243575

www.unicef.org.nz

New Zealand Lactation Consultants Association, (NZLCA),

PO Box 29279, Christchurch.

<http://www.nzlca.org.nz>

Publishes *Issues* twice a year.

Parents Centres New Zealand Inc, (PCNZ),

PO Box 17-351, Wellington.

Phone: 04 233 2022, Fax: 04 233 2063

www.parentscentre.org.nz

Publishes *Kiwiparent* two-monthly.

Royal New Zealand Plunket Society,

Level 5, Plunket Building, 126 - 132 Lambton Quay,

P O Box 5474, Wellington.

Ph 04 471 0177

www.plunket.org.nz

SIDS Prevention in Maori Communities,

Maori Health, Department of Maori and Pacific Health, University of Auckland,

Private Bag 92 019, Auckland.

Fax 09 373 7074.

<http://www.fmhs.auckland.ac.nz/faculty/tkham>

Resources on Baby Friendly Hospital Initiative and Breastfeeding

- **American Academy of Pediatrics: Pediatrics (2005);** 115, 496 – 506. Breastfeeding and the Use of Human Milk. Vol 6 (1) 31 – 35
- **Baby Friendly Mother Friendly,** SF Murray (Ed.) International Perspectives on Midwifery, Mosby, 1996.
- **Barriers and Solutions to the Global Ten Steps to Successful Breastfeeding: A summary of in-depth interviews with hospitals participating in the WHO-UNICEF Baby Friendly Hospital Initiative interim program in the United States.** 1994. US\$8.00 from US Committee for UNICEF, Office of Public Policy and Government Relations, 110 Maryland Avenue, N.E., Box 36, Washington, DC 20002, USA.
- **Best Practice for Expressing, Storing and Handling Human Milk in Hospitals, Homes and Child Care Settings.** F Jones and M Tully 2005
- **Breastfeeding: A Parents Guide.** Amy Spangler, 7th Edition 2000.
- **Bestfeeding: Getting Breastfeeding Right for You.** M Renfrew, C Fisher and S Arms, Celestial Arts 2004,. Available from LLLNZ.
- **Breastfeeding a Guide for the Medical Profession.** Ruth. A. Lawrence, Robert M Lawrence. 6th ed. 2005. Mosby Inc.
- **Breastfeeding and Human Lactation.** J Riordan, KG Auerbach (Ed.). Jones and Bartlett Pub, Boston, 1999.
- **Breastfeeding Made Simple *Seven Natural Laws for Nursing Mothers.*** N Mohrbacher, K Kendall-Tackett 2005
- **The Breastfeeding Answer Book.** N Morbacher and J Stock, LLLI, 3rd. ed., Available from LLLNZ 2003.
- **Breastfeeding Management.** Edited by Wendy Brodribb, 3rd edition 2004
- **BFHI/BFCI Breastfeeding Training and Education requirements.** Prepared by the NZBA for the Ministry of Health 2008
- **Evidence for the Ten Steps to Successful Breastfeeding.** Division of child health and development. World Health Organization. Geneva .1998. Available from WHO.
- **Evidence – Based Guidelines for Breastfeeding Management during the First Fourteen Days.** International Lactation Consultants Association, April 1999.

- **Food and Nutrition Guidelines for Healthy Breastfeeding Women. A Background Paper.** Ministry of Health. New Zealand. 2006. Available on the MOH website.
- **Food and Nutrition Guidelines for Healthy Infants and Toddlers (Aged 0 - 2). A Background Paper.** Ministry of Health. New Zealand. 2008. Available on the MOH website.
- **Global Strategy for Infant and Young Child Feeding** Geneva 2003
- **Hypoglycaemia of the Newborn: Review of the Literature.** Division of Child Health and Development and Maternal and Newborn Health/Safe Motherhood. World Health Organization. Geneva. 1997. Available from WHO.
- **Impact of Birthing Practices on Breastfeeding *Protecting the Mother and Baby Continuum.*** M Kroeger with Linda Smith 2004
- **Implementing and Monitoring the International Code of Marketing of Breast-milk Substitutes in New Zealand: The Code in New Zealand.**
- Ministry of Health 2007
- **Infant and Young Child Feeding Counselling: An Integrated Course** WHO/UNICEF 2006
- **Infant Feeding: Guidelines for New Zealand Health Workers.** Ministry of Health New Zealand. 1997. Available from Public Health providers.
- **Infant Feeding. The Physiological Basis.** J Akre, Bulletin of the World Health Organisation Suppl to 67, 1989. Available from ILCA and WHO.
- **Innocenti Declaration,** WHO/UNICEF, 1990.
- **International Code of Marketing of Breast-milk Substitutes – Adopted at the 34th World Health Assembly, Geneva, Switzerland, 1981 and subsequent relevant World Health Assembly resolutions**
- **Medications & Mothers Milk.** T Hale. 13th Edition, 2008.
- **Midwives Handbook for Practice.** New Zealand College of Midwives (Inc) 2005 Christchurch.
- **Ministry of Health Comprehensive plan to inform the design of a national breastfeeding promotion campaign.** Quigley and Watts Ltd, 2007
- **Nutrient Adequacy of Exclusive Breastfeeding for the Term Infant During the First Six Months of Life.** WHO 2002

- **The optimal duration of exclusive breastfeeding: a systematic review.**
WHO/NHD/01.08
- **The Oxytocin Factor.** Kerstin Uvnäs Moberg, 2003
- **The principles of protection, promotion and participation enshrined in the Treaty of Waitangi, 6 February 1840**
- **Promoting Breastfeeding in Health Facilities. A short course for administrators and policy-makers.** WHO/NUT/96.3, 1996. 391 pages, 154 colour slides.
- **Protecting Infant Health: A Health Worker's Guide to the International Code of Marketing of Breastmilk Substitutes 10th ed.** From ICDC 2002
- **Ten Steps to Successful Breastfeeding: A Summary of the Rationale and Scientific Evidence.** R Saadeh and J Akre, *Birth* 23:3, 154-60, 1996.
- **The Womanly Art of Breastfeeding.** La Leche League International. 7th revised edition 2004. Available from LLLNZ.
- **Ukaipo.** Te Roopu Rangahau Maori o Ngai Tahu. Otago School of Medicine. 1998 Available from Department of Preventive and Social Medicine. University of Otago P.O. Box 913 Dunedin
- **UNICEF. Statement on the Duration of Exclusive Breastfeeding.** (Nov 1999)
- **WHO Child Growth Standards Methods and Development.** WHO 2006
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- **WHO / UNICEF: Global Strategy for Infant & Young Child Feeding.** WHO 2003.
- **WHO/UNICEF BFHI resource materials are available from the NZBA for use in the New Zealand situation:**
- **Part One:** Hospital Level Implementation for Aotearoa New Zealand
- **Part Two:** The Global Criteria for Aotearoa New Zealand
- **Part Three:** Hospital or Health Facility Self -Appraisal Questionnaire for Aotearoa New Zealand
- **Part Four:** External Assessor's Manual for Aotearoa New Zealand
- **Part Five:** Assessment Criteria Summary Sheets for Aotearoa New Zealand

- **Part Six:** Facility Assessment Guide for Scoring and Summary Sheets for Aotearoa New Zealand
- **Part Seven:** Resources for Aotearoa New Zealand
- **Part Eight:** BFHI Annual Self Evaluation and Report

Contact Details:

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Unit 1, First Floor
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