



Engagement with Māori in a health setting

Self-Directed Learning Activity

Instructions

Watching this u tube clip and undertaking the learning activity is equivalent to 30-40 minutes of professional development. This learning activity is relevant to the Baby Friendly requirements for Step 2: Staff education Māori women and breastfeeding.

1. Watch u tube clip
2. Answer the following questions provided
3. Share this with the BFHI coordinator
4. Receive the hours allocated and certificate

Learning outcomes

1. To explore Māori experiences around engaging with the health system
2. With assistance from your peer to reflect on own cultural safety practice and identify strategies for improvement

Website link: <https://www.hqsc.govt.nz/resources/resource-library/video-communicating-with-maori-in-a-health-setting/>

Reflective questions

Outline two issues that have you learnt in this segment about Māori interactions with the healthcare system and health professional health workers can establish rapport with Māori. What are two actions that you can make to your own practice to build rapport?

Scenario

You are meeting your client, Hine, for the first time her birth was two days ago, and she is having issues with establishing her supply.

Outline some strategies that may assist you to communicate effectively

Later on that day, Hine's whānau arrive, her sister and grandmother. Hine asks you to talk to the whānau on supporting her when she gets home especially as she really wants to breastfeed.

What is your approach to the whānau?

What health resources might you use and in what way would you use them?

Discuss your answers 1-4 with a peer and seek feedback on your answers.

Ask them to sign off your sheet that you have shared your answers with them and created discussion.